

SPONSORED HIKE

Join En Pie Foundation for a great walk, Canary food, fantastic scenery and worthy causes!



ANY plans for February 6th? Well now you have! This is your chance to do something fun, supporting a local charity at the same time.

Go along and join En Pie for a charity hike to raise awareness and much appreciated funds for two worthy causes on the island, the Foundation and also Helping Hands.

It will be a great day out where you will make new friends, sample some local Canarian food and do something meaningful - all among some spectacular scenery.

The trail will take you down through picturesque hills with a couple of stops along the way for a local style breakfast, hot Canarian food and a cheery glass of vino or two.

The excursion will end of course with one of the charity's infamous port parties in Los Gigantes. Get down to the port whether you're re-walking or not and enjoy some great live entertainment, games and a hot barbecue.

Foundation spokeswoman, Lisa Allard explains: "This is our second Sponsored downhill hike from Santiago del Teide to Los Gigantes Port and is apt for all levels and ages."

"The excursion will start with breakfast with a view at the new Visitors Centre of Chinyero."

"We will then begin our hike through a postcard pretty Special Nature Reserve of and

finishing off in the port of Los Gigantes overlooking the magnificent "Giant" Cliffs."

"This is a relaxing hike for all the family where everybody can enjoy the scenic countryside and sample some tasty tapas unique to the seven Canary Islands - giving us a flavour of their typical customs, food and wine."

"To take part we simply ask participants to fundraise or donate the minimum amount of 40 euros (student discount available)."

"All funds raised will go directly towards achieving our quality of life programmes aim to improve the lives of those diagnosed with mental illnesses."

"Our objective is to challenge ourselves, doing something which combines physical exertion, fun and adventure amidst natural surroundings and at the same time highlights our plight to improve Mental health on the island. We want our participants to understand and feel passionate about the cause they are taking part in whilst enjoying a great experience."

Donations can be made in person on the day, through the Triodos Bank Account: ES64 1491 0001 2920 2316 7428 or on the website through paypal: www.enpie.org

ITINERARY OF THE EVENT

1. 09.30h-Meet-up in Los Gigantes Port. Buses will be waiting to take you to Visitors Centre Chinyero in Santiago del Teide.

2. 10.30 Typical Canarian Breakfast in Visitors Centre Chinyero prepared by our Volunteers to include Gofio, almonds and honey balls, quesadillas and cake with café or hot chocolate.

3. Event T-shirts are handed out in preparation for the start of the Hike - an 8km guided descent to the Port of Los Gigantes with three programmed stops, including the last stop at the Port of Los Gigantes.

Arrival at Port of Los Gigantes (Jan 8) with refreshments and traditional food for participants.

Live music and dance from diverse artists of the Island, along with a Tombola.

Inspection fee includes transport up from Port of Los Gigantes to start of hike in Santiago del Teide, event T-shirt, all food and drinks on route and free parking at the port for participants!

Sponsorship forms can be found on www.enpie.org or contact Lisa on 636271833 or Liz on 661274281 or Andy Tenerife Walker on 616892909 for more information. Or find us on Facebook [fundacionenpie](https://www.facebook.com/fundacionenpie).

Almonds are the star of gastronomic route

NEW EVENT

THIRTEEN establishments in the upper part of the municipality of Santiago del Teide are taking part in an "almond" gastronomic event.

The new initiative centres round the Almond Blossom Trail and can be enjoyed by all those who love to try new food up until February 20th, having started on January 23rd.

The various establishments are offering breakfasts (at between two euros and 2.5 euros) and a menu varying from 12 to 18 euros where the star ingredient will be the almond.

The special menus are available at Restaurante Santiago del Teide, Bar-Restaurante El Patio, Bar-Restaurante Chinyero, Restaurante La Casona del Patio and Kiosko El Parque.

Those serving breakfasts are: Bar Parada, Bar Soto, Bar Plaza, Bar-Restaurante Tropic II, Bar-Restaurante Santiago del Teide, Bar Restaurante El Patio, Bar Restaurante Chinyero and Kiosko El Parque.

As part of the initiative, the Supermercado "El Valle" and Supermercado "Forte", as well as Congelados "El Valle" and Bazar Souvenir "El Almendro" will be selling various almond products in their stores.



Exhibition in Fishermen's Museum

GERMAN ARTIST

EXPOSICIÓN en el Museo del Pescador Puerto de Santiago - Tenerife

Susann Walter Schecher

Inauguración: Jueves 21 de enero a partir de las 19:00 horas.



Del 21 de enero al 20 de febrero 2016

THE little Fishermen's Museum (Museo del Pescador) in Puerto de Santiago is hosting a new exhibition.

Up until February 20th, visitors can enjoy the work of German artist based in Tenerife, Susann Walter-Schecher.

You can visit from Monday to Friday 9.30am to 1pm and 4pm to 7pm and on a Saturday from 10am to 1pm.

Susann has worked for many years in interior design for apartments and gardens. She has lived in Tenerife for two years and recently started to make clay sculptures and create beautiful paintings.

The artist was present at the recent official opening, together with councillor for culture, María José García.

By John Gardner The Nutcracker (El Cascanueces)

The Auditorium, Santa Cruz, 24/01/16

THE Ukrainian National Ballet gave a good rendition of Tchaikovsky's magical ballet. Based upon E. T. A. Hoffman's original story (the Nutcracker and the King of the Rats), this had its premier in St Petersburg in 1892.

The setting is classic and magical. It is Christmas Eve and the family has gathered to decorate the Christmas Tree, and this is where the story begins. Drosselmeyer, the talented toy maker, has toys for the children, and Clara receives the "Nutcracker" which grows to life size and turns into a Prince. This is a ballet with many well-known melodies, from the dance of the children, the battle of the wooden soldiers and the scenes in the second act - the "Kingdom of the

Sweets". For Clara, the main dancer and character (well performed by Olena Kondratieva), this was all a dream from which she finally awakens.

The big shortcoming was the lack of an orchestra, and for ballet aficionados, this would have been a major disappointment. Here we have Tchaikovsky's wonderful score, of equal importance to the dancing, and we were left with a recording. The management of the Auditorium should be hanging their heads

in shame. The orchestra pit was covered with black boards and no attempt had been made to integrate this area with the fairytale background and stage - another clanger. This tended to cut off the stage from the audience.

Despite these obvious weaknesses, the settings and costumes were delightful, and the dancing in general was good and engaging - especially in the second act where the sense of spectacle was greater without being fussy. Was the audience shortchanged? Probably, although the music and the finesse of some of the dancers went some way to compensate.

Combines with an exceptional equilibrium, the flavours, textures and aromas from the vanguard of Spanish cuisine!

RESTAURANTE GOM

Reservations: 922 27 60 58 | Opening: Tuesday to Saturday 13:00 to 16:00 / 20:00 to 23:00 | C/Dr. Gulgou, 29 Santa Cruz