

EN PIE

Make it Masca

Local mental health charity En Pie is busy preparing for its 3rd annual Masca hike and kayak event – and this is your chance to show support for this wonderful charity.

The sponsored challenge starts in Los Gigantes on October 10 in Celebration of World Mental Health Day. Once everyone has come together in the port there will be organised transfers to the village of Masca. After a hike down the valley to Masca beach, those who choose to can then kayak back to Los Gigantes – all in time for a party with live music in Los Gigantes harbour.

En Pie's mission includes raising awareness about living with a mental health condition and to ensure that those affected are empowered and supported to lead the life they desire. The foundation is a private entity which does not rely on government backing so these fundraising events are vital.

En Pie will once again be joined by friends and fellow charity 'Helping Hands' that works to help enrich the lives of underprivileged children on the island – so your help will be two-fold. There is a minimum sponsorship fee of just €50 to take part and if you don't fancy the walk and / or kayaking there's no need to worry – there are plenty of ways you can help out.

For more information see: www.enpie.org / Fundación en pie on facebook, or call: Lisa or Carlos on 636 271 853 / 633 764 774 or Liz on 661 274 281.

PROMOTION

If music be the food of love...

A recent presentation for the inauguration of the Yamaha Music School in Adeje was attended by some very excited parents and music lovers.

The reason for their enthusiasm? For the first time ever, both children and adults in Tenerife will be able to take advantage of the world-renowned Yamaha teaching system – a fun and innovative way to appreciate and master a whole range of musical skills.

Yamaha schools offer classes for children as young as six months old right up to those well past their three score and ten. It's never too late to learn how to sing or play an instrument, and it's certainly never too early – very young children have the ability to pick up the basic skills extremely easily. Through age-appropriate activities, images, songs and a wide variety of hands-on experiences, students develop an array of abilities, in fun and inspiring group or individual classes.

Yamaha's methods are based on 50 successful years of experience, leading more than six million children and adults towards appreciation, creativity, and aptitude. Students learn how to listen, play, read and understand every aspect of music. As younger pupils advance, they go on to study performance, improvisation and composition, and for



↑ Guitar teacher extraordinaire: Alex Altamirano

↓ Drum teacher Andrés Hernández Herrero gave a booming demonstration of his skill



adults the method offers the perfect opportunity to learn in a relaxing, non-threatening environment – always with a focus on enjoyment.

This last aspect was particularly evident at the opening presentation. From classical piano renditions through saxophone and drumming demonstrations, to talks on the history of particular instruments, the one-hour show had the audience entertained and amused throughout. Several of the school's current teachers performed, allowing prospective pupils to get to know the people who would be leading them on their journey through the beauty of music.

So what exactly can you and your children learn at the Adeje school? There's saxophone, double bass, piano, drums, flute, vocals and all types of

guitar, as well as music therapy and mixed courses for the very youngest budding maestros.

But it's not all about just mastering an instrument – research has consistently shown that intellectual, emotional, physical and social development is positively influenced by the study of music. Basically, it's just all-round good for you, and the Yamaha method uses this knowledge to encourage a healthy mind, body and spirit in all students.

People in 40 countries have already benefited from the system and now it can be your turn. Whether you're a parent who wants to introduce your child to music or an adult that wants to fulfil your life-long ambition to play, there is a Yamaha program for you.

You can find this wonderful door to the world of music

just opposite the cultural centre in Adeje, at Calle Príncipe Pelinor, 21. You can visit their website at: www.ymusic-schooladeje.com, or you can call: (0034) 922 083547 / 610 424 329.

So if music be your food of love, why not get in touch today and play on...

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OPENING HOURS:

Monday to Saturday 9am to 2pm & 4pm to 9pm